

# LESSON THREE

## DOWN STAY

Begin with dog sitting in heel position. Place dog in a down. Calmly put hand in front of dog's eyes and command "STAY" firmly. Pivot in front of dog. DO NOT use dog's name on stationary exercise. Always step away from dog on RIGHT foot, do not pull or snap leash as you step away. Pivot back to dog and release. PRAISE!! Work up to 30 seconds with no movement from your dog.

Remember, if the dog moves at any time-even a foot-return to dog quietly and quickly reposition him. Praise softly and leave again. If the dog does not respond to an easy correction-be more firm.

When releasing from a down stay- always step backwards with your release command, making your dog run and come to you for PRAISE!!

## HEELING & HALT WHILE HEELING

Begin with dog in heel position (sitting on your left side). Hold the lead short so the dog cannot get out of position. Say the dog's name, command "HEEL" and simultaneously step forward on your LEFT foot. If the dog does not get up and go with you the short lead will keep him with you. PRAISE immediately and keep walking. DO NOT POP the lead; it is not fair to correct the dog for what he doesn't yet understand. Start by taking two to three steps and releasing, gradually demand longer concentration before you release.

To HALT, stop on your right foot, bring your left foot into place and as you step into place say "SIT", pull up on the lead and push down on the dog's rear with your left hand. PRAISE! If dog does not sit, do not fight with him, simply take several steps forward and try again.

## SLOW AND FAST HEELING

As you are heeling the order from the instructor will be "SLOW". The handler will break gradually from normal pace, pop backwards on leash and command "EASY". Handler and dog must walk slowly. No Baby Steps - Normal Stride. The instructor will next say "NORMAL" and the handler will then command "HEEL", pop forward and return to his normal brisk pace. Next the instructor will say "FAST" and the handler will pop the leash forward, commanding the dog to "HURRY" or "HUSTLE" and breaks into a run. Dog must remain in heel position. When the instructor says "NORMAL", handler pops backward with the "EASY" command and slows to normal brisk pace. Remember; Glide into and out of the slow and fast, give the dog a chance.

Spend approximately 10 minutes each day on heeling, including the slow and fast paces. Work on prompt straight sits when you halt. Dogs will learn to sit automatically when you halt.