

# LESSON FOUR

## COME FORE with SIT IN FRONT

Dog comes while heeling. While heeling say dog's name, as you command "COME", pop the lead towards you while moving briskly backwards, PRAISE. Use an excited voice. Your dog must turn around and come directly to you. Do not reel dog in, pop and PRAISE. Dog must make the effort to come to you on a loose lead. If dog should run past you, pivot to face dog, pop lead towards you and move backwards again, PRAISE. Move backwards, encourage dog enthusiastically to come to you, pop straight up on the lead to make him sit in front of you with his face looking up at you and command "SIT" and PRAISE!

## CIRCLING AROUND THE DOGS

By this point dogs should be consistently doing a full 1 minute sit stay, and 3 minute down stay. Now we are going to return to heel position by circling around our dogs. When the instructor tells you to RETURN, from in front of your dog, with leash in both hands - hold loop in right hand, as you get closer, left hand will slide down the leash towards dogs head. When close enough, place hand on dog's head, circle to right and around dog (you may repeat the stay command (1st week only)) until back in heel position. Should dog break - DO NOT repeat any commands, just correct, then PRAISE.

## TEACHING THE COMMAND "COME"

With dog sitting in position for recall go to end of lead. Using a calm, monotone voice use different words to distract dog. Such as "Fido, Cat" "Fido.Car" "Fido, Apple" - should dog break at any point, very calmly walk in and correct. Next stay "Fido, COME" - in a very excited, cheerful voice, pop leash towards you and move backwards PRAISING. The dog will learn the word "COME" very quickly to avoid the correction. \*Remember, it's very important that you never correct a dog for coming to you – correct the dog for breaking the sit and wait command.